



Trip Highlights





- Covers popular trekking destinations - Munnar & Periyar
- Combination of High altitude shola, grass land and rainforest eco system
- Unique camping experience




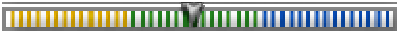

At a Glance

Our programme is a 2-centre walk encompassing different eco-systems and tribal populations - from the highly mountainous region of Munnar to Periyar which offers a great trek through the deepest rain forests

Distance Chart – Trekking

Day 1		7 KM
Day 2		11 KM
Day 3		8 KM
Day 4		12 KM
Day 5	Depart	

Skill Set

		Comfort
		Grade

RAINFOREST TREK AT PERIYAR

Trekking Holiday

5 Days

Detailed Itinerary

Day 1: We will drive to the start point, about 20 kms from Munnar. The trek from an altitude of 1500 m gradually goes to over 2600m, passing through sholas (high altitude rain forests) and grasslands which are typical to the higher areas of the Western Ghats. Guides and porters will accompany. The area also has wildlife – notably elephants, sambar, sloth bear and the Nilgiri tahr - the latter being endemic and endangered. The camp is set up at an altitude of approximately 2200m. The accommodation is in comfortable dome tents. Good quality sleeping bags and sheets are also provided.

Day 2: Early start as we head along paths over the undulating mountain grasslands and ascend Meesapulimala - the second highest peak in the Western Ghats. The trek passes through sholas, grasslands and mountain streams which criss-cross the area. When we reach the top, we stop for a rest and enjoy the panoramic views. We can see the world's highest tea estate Kolukkumalai in the undulating hills below. This is a great opportunity to trek off the tourist trail as the paths here are uncharted for the most part and few make the effort as the tea estate is more remote than most. Descend and continue trekking through grasslands and high altitude rainforest to the Anaerangal Camp at Suryanelli.

Day 3: Depart for Periyar. We will start our adventure with a jeep safari into the forests at Gavi, within the Periyar Tiger Reserve. Our trek will be towards Meenar through thick tropical rain forests. This is the home range of the rare and endangered Lion Tailed Macaques, besides an excellent spot for birds & rare butterflies, as well as large herds of elephants and gaurs. We will camp in tents in the middle of the rain forest.

Day 4: After breakfast, we will continue our trek commences towards Chenthamara Kokka. The trek passes through typical grassland-shola eco-systems. We will reach in time for a late lunch and camp for night within the forest. Deep trenches keep elephants out of the camping area. In the evening trek to sunset point and return to camp by nightfall. Camp fire in the evening.

Day 5: Early morning trek to Valley View and reach back at Gavi by noon. Depart.



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GENERAL INFORMATION

VISA

Visitors to India must obtain a Visa before departure. All visa information is subject to change. You should confirm all visa related issues with the nearest Indian Embassy/ High Commission/ Consular Office for the same.

AIRPORT TAX

Airport or departure taxes are not applicable if you depart from Kochi.

CURRENCY EXCHANGE

You can exchange your money at most major towns. ATMs are found in most Kerala towns. Credit cards are not accepted during this tour.

INSURANCE

It's advisable to take personal travel insurance policy to cover against sickness, accident, loss of baggage, unexpected alterations to travel arrangements and travel disruption, cancellations, etc.

COMMUNICATION

Internet Access: If you need to be in touch with your friends & relatives while travelling we recommend email. Email cafes are generally available throughout the region.

Telephone: It is possible to make international calls in most phone booths in Kerala towns. Most hotels have facility for international calls.

CLIMATE

The South Indian subcontinent is tropical - warm, humid and often wet. During the main monsoon, (July to September) there is heavy rain. Best time to visit Kerala is from October-March.

FOOD

Food is a very important part of these journeys and we have ensured that the Kerala Cuisine is a part of this adventure besides both North Indian & South Indian food - vegetarian and non vegetarian. All meals and bottled mineral water are provided on all days. Any special food requirements could be met if sufficient notice is given.

SAFETY

Our guides have been adequately trained & qualified in first aid and always carry a comprehensive first-aid kit. In case of any medical emergency we have facilities to transfer you to the nearest hospital immediately, followed by evacuation to the tertiary-care hospital at Kochi (if required).

Inclusions

- Trekking, camping, guide
- Accommodation in dome tents
- Refreshments
- Mineral water while trekking
- All meals

Exclusions

- Insurance –please take your own insurance
- Tips
- Beverages
- Laundry
- Telephone bills
- Expenses of a personal nature

WHAT TO PACK

- Warm sets of clothes (Fleece, Jacket, hat and gloves) are required for trips going through Munnar and other high altitude areas
- Hiking shorts
- Hiking pants/track pants
- Waterproof jacket
- Casual Shirts/T-shirts

OTHERS

- Binocs & Camera (optional)
- Water proof bags for docs & Electronics
- Personal First Aid Kit
- Torch
- Insect repellent
- Sunglasses, cap
- Sun screen of SPF at least 35
- Canteen
- Day pack